



# Anne Gage

## The Confidence Coach

# Newsletter

May 2009

*Helping horses & humans be better ...together.*

In this Issue:  
Show Season  
Horse Adoption  
Upcoming Events  
Training Tip  
Wanted

### Adoptable Horse of the Month



**Dallas** is a 9 yr old Arabian mare living at the Whispering Hearts Equine Rescue in Hagersville, ON. Click on the picture to find out more about Dallas & other horses available for adoption at Whispering Hearts.

Anne Gage  
The Confidence Coach  
674075 Hurontario St.  
Orangeville, ON Canada  
L9W 2Y8  
Phone:  
(519) 941-2774

Fax:  
(519) 941-8048

E-mail:  
[high.point.farm@gmail.com](mailto:high.point.farm@gmail.com)

I'm on the Web!  
[www.annegage.com](http://www.annegage.com)

## Clinic Season

Our clinic season got off to a great start with a one day introductory demonstration & mini clinic at Whispering Hearts Horse Rescue in Hagersville, ON. Tom Shields, Double Silver Certified Chris Irwin Trainer, invited me to work with him at this, his first, clinic. We worked with 3 horses that are currently available for adoption and can be seen on the [Whispering Hearts](http://WhisperingHearts.com) website. Brenda McArthur, the founder of the rescue, is a woman on a mission with amazing energy, enthusiasm and passion for the horses. She ensures that each horse is assessed, receives training from Tom to work through any major issues, and is adopted into an appropriate home.

Tom and I are working together again on June 20 & 21 for a full 2 day horsemanship clinic at his Iron Horse Equestrian Centre in Dunnville, ON. Participants and auditors are welcome. Contact Tom at [tshields@mountaincable.com](mailto:tshields@mountaincable.com) for more information.

As always, enjoy the journey ... it's much more important than the destination.

For more information about my upcoming events, visit my [www.annegage.com](http://www.annegage.com) or send me an email at [high.point.farm@gmail.com](mailto:high.point.farm@gmail.com)

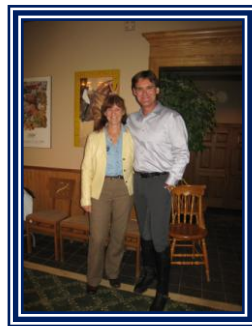
## Upcoming Events

Check my website regularly for upcoming events – clinics, workshops, and Chris Irwin events (Ontario).

**Women, Horses & Fear Workshop** at [Amaranth Farms](http://AmaranthFarms.com) – May 23rd

**Train the Trainer Certification Clinic** with [Chris Irwin](http://ChrisIrwin.com) at Amaranth Farms – May 29-31

**Women, Horses & Fear Workshop** at Sonrisa Farms, Alexandria, ON – June 6th



**Horsemanship Clinic** at Iron Horse Equestrian Centre, Dunnville, ON – June 20 & 21

**Demo & Horsemanship Clinic** with [Chris Irwin](http://ChrisIrwin.com) at Kemptville College, Kemptville, ON - June 12-14

To book a training session, clinic, demo or workshop at your location, just send me an email at [high.point.farm@gmail.com](mailto:high.point.farm@gmail.com)

## Training Tip

If your horse nips – or even worse, bites – never discipline him by hitting him in the mouth or anywhere on his head. Because this is seen as a predatory or bullying action, it can create distrust and fear in most horses, and even cause more aggression in some horses. The better approach to this undesirable behavior is to send your horse away by pushing on his shoulder. If the push isn't enough, a strong tap from your hand or light tap from a whip will probably get your point across. Because horses are herd animals, the greatest punishment for them is to be sent away from the herd creating isolation. A dangerous position for a prey animal that relies on the herd for safety. Watch how higher ranking horses in a herd react to a misbehaving youngster and you will see this punishment in action. The offender will be pushed out of the herd and not allowed back in until he or she exhibits signs of contrition.

Hand feeding treats can teach horses to nip or bite. So, if you like to give your horse treats, feed them from the ground. That's where horses expect to find their food. And, they won't then see you as a "vending machine".

Got a training question you need answered? If you want to learn more about how to help your horse be better, send me an email at [high.point.farm@gmail.com](mailto:high.point.farm@gmail.com)

---

## Wanted

Locations anywhere in Ontario for demonstrations, clinics, or workshops. Talk with me about how you can promote your facility or club and generate some income. Send me an email at [high.point.farm@gmail.com](mailto:high.point.farm@gmail.com)

---

## Available

Training for your horse at High Point Farm (space is limited).  
Lessons with Anne Gage in Huntsville, Guelph/Kitchener, Barrie.  
For more information, send me an email at [high.point.farm@gmail.com](mailto:high.point.farm@gmail.com)

To unsubscribe from this newsletter, send an email to [high.point.farm@gmail.com](mailto:high.point.farm@gmail.com) with "[unsubscribe](#)" in the subject line.

Anne Gage  
The Confidence Coach  
674075 Hurontario St.  
Orangeville, ON Canada  
L9W 2Y8  
Phone:  
(519) 941-2774

Fax:  
(519) 941-8048

E-mail:  
[High.point.farm@gmail.com](mailto:High.point.farm@gmail.com)

I'm on the Web!  
[www.annegage.com](http://www.annegage.com)